Sleep Medicine Board Review 2017 Agenda
25.50 CME and MOC hours

Friday, August 18, 2017

6:30 AM – 7:30 AM  Registration/Continental Breakfast

7:15 AM – 7:30 AM  Welcome and Introduction
H. Klar Yaggi, MD, MPH

7:30 AM – 8:15 AM  Why We Sleep: Adult Sleep Structure, Function, Normal Physiology, and the Effects of Sleep Deprivation
Melissa Knauert, MD, PhD

8:15 AM – 9:00 AM  Technical Aspects of Sleep Testing: Indications, Scoring, Artifacts, and Beyond
David A. Schulman, MD, MPH, FCCP

9:00 AM – 9:20 AM  Break

9:20 AM – 10:05 AM  Sleep and Wake Neuroscience
Brian Koo, MD

10:05 AM – 10:50 AM  Normal Pediatric Sleep: Sleep Structure, Function, Physiology, and PSG Interpretation
Carol L. Rosen, MD, FCCP

10:50 AM – 11:35 AM  Other Tests Related to Sleep: MSLT, MWT, PVT, Actigraphy, and Others
David A. Schulman, MD, MPH, FCCP

11:35 AM – 1:05 PM  Lunch

1:05 PM – 1:50 PM  Sleep and the Endocrine System
Barbara A. Phillips, MD, MSPH, FCCP

1:50 PM – 2:35 PM  Circadian Rhythm Sleep Disorders
Melissa Knauert, MD, PhD

2:35 PM – 3:20 PM  Obstructive Sleep Apnea
H. Klar Yaggi, MD, MPH

3:20 PM – 3:40 PM  Break

3:40 PM – 4:25 PM  Sleep and the Cardiovascular System (HTN, Stroke, Cardiac Arrhythmia, MI, CHF)
H. Klar Yaggi, MD, MPH
4:25 PM - 5:10 PM  Pediatric Sleep-Disordered Breathing  
Carol L. Rosen, MD, FCCP

5:10 PM - 5:55 PM  The Bottom Line: Sleep-Disordered Breathing Board Review Questions  
H. Klar Yaggi, MD, MPH

Saturday, August 19, 2017

6:30 AM – 7:30 AM  Registration/Continental Breakfast

7:00 AM – 7:15 AM  Welcome  
Aneesa M. Das, MD, FCCP

7:15 AM – 8:00 AM  The Bottom Line: Pediatrics for the Boards  
Carol L. Rosen, MD, FCCP

8:00 AM – 8:45 AM  Sleep in the Elderly  
Barbara A. Phillips, MD, MSPH, FCCP

8:45 AM – 9:30 AM  Medications and Sleep  
David A. Schulman, MD, MPH, FCCP

9:30 AM – 9:50 AM  Break

9:50 AM – 10:35 AM  Insomnia: Epidemiology, Risk Factors, Pathophysiology, Diagnosis, and Classification  
Sonia Ancoli-Israel, PhD

10:35 AM – 11:20 AM  Sleep and the Respiratory System  
Aneesa M. Das, MD, FCCP

11:20 AM – 12:05 PM  RLS and PLMs  
Brian B. Koo, MD

12:05 PM – 1:35 PM  Lunch

1:35 PM – 2:20 PM  Insomnia: CBT for Insomnia  
Sonia Ancoli-Israel, PhD

2:20 PM – 3:05 PM  Neurology and Sleep  
Brian B. Koo, MD

3:05 PM – 3:50 PM  The Bottom Line: Insomnia Board Review Questions  
Sonia Ancoli-Israel, PhD

3:50 PM – 4:15 PM  Break

4:15 PM – 5:00 PM  Hypersomnias of Central Origin  
Neil S. Freedman, MD, FCCP

5:00 PM – 5:45 PM  Sleep Testing Unknowns  
Aneesa M. Das, MD, FCCP

6:00 PM – 7:00 PM  Foundation Reception
Sunday, August 20, 2017

6:30 AM – 7:30 AM  Registration/Continental Breakfast

7:00 AM – 7:15 AM  Welcome  
H. Klar Yaggi, MD, MPH

7:15 AM – 8:00 AM  Central Sleep Apnea  
Atul Malhotra, MD

8:00 AM – 8:45 AM  Pharmacologic Treatment for Insomnia  
David N. Neubauer, MD

8:45 AM – 9:30 AM  CPAP Treatment  
Neil S. Freedman, MD, FCCP

9:30 AM – 9:50 AM  Break

9:50 AM – 10:35 AM  Non-PAP Treatment for OSA  
Atul Malhotra, MD

10:35 AM – 11:20 AM  Sleep in Psychiatric Disorders  
David N. Neubauer, MD

11:20 AM – 12:05 PM  Advanced PAP Modalities  
Neil S. Freedman, MD, FCCP

12:05 PM – 1:05 PM  Lunch

1:05 PM – 1:50 PM  The Bottom Line: Nonrespiratory Adult Sleep Board Review Questions  
Aneesa M. Das, MD, FCCP

1:50 PM – 2:35 PM  Sleep Staging  
Carolyn M. D’Ambrosio, MD

2:35 PM – 3:20 PM  Arousal, Cardiac and Movement Scoring Rules  
Carolyn D’Ambrosio, MD

3:20 PM – 3:40 PM  Break

3:40 PM – 4:25 PM  Respiratory Rules and HST  
Carolyn M. D’Ambrosio, MD

4:25 PM  Adjourn